

# Ann Willemsen

## Education

- 2019 - Essential Yoga Anatomy 30h - Jason Crandell - Online
- 2018 - Yin Yoga Teacher Training 50h - Mirjam Wagner - Belgium
- 2017 - Commedia dell'Arte, Accademia dell'Arte - Italy
- 2016 - Certified Yoga Intensive Course - Hi Yoga Centre - India
- 2015 - Certified Yoga Teacher Training 200h - Siddhi Yoga - India
- 2011 - Acting Degree - Acsent - Belgium
- 2010 - Acting Training De Trap - The Netherlands
- 2005 - Master in Law - University Antwerp
- 2000 - Diploma Latin/Modern Languages - Merksem

## Creative Entrepreneur

- 2016 - 2022 Founder & Coördinator Muzische Workshops vzw
- 2013 - 2022 Founder & Artistic Director Compagnie FEST

## Yoga, Dance & Drama Teacher

2007 - 2022

### Teaching children and adults

- Muzische Workshops vzw - Movimento dell'Arte - Jeugd & Dans Spelenderwijzer - Dansparant - Dansstudio Flash - Sporta Cultuurcontact Helmond - Kunstkwartier - LA Gym - Health City Centrum voor de Kunsten Eindhoven - Wisper - Open Doek Prana Yoga Studio - The Yoga Place Gili Trawangan - Fitopia Balanced Body - Flow - One Nest Experience Center

## Performer & Choreographer

2007 - 2022

### Musical, Revue, Dinnershow, Street theatre, Impro, Schooltheatre, Physical theatre, Movie, Television

- Compagnie FEST - Teater Excess - Theatercompagnie Orewoet Das Marionette - Vlaams Muziek Theater - T.A.K. Producties Music Hall - Holland Opera - Stichting Safe School - Andersom Inspiration Point - Miss European - Fabuleus - Djalita DK Entertainment - Acsent - Studio 100 - The Lunatics



## Training & Skills

- Classical Ballet - Jazz - Contemporary Urban - Tapdance - Laban - Butoh Contactimprovisation - 5 Rhythm Dance Ebas - Body Mind Centering - Feldenkrais Authentic Movement - Poedance
- Grotowski - Viewpoints - Neutral Mask Physical Theatre - Improvisation - Clown The Theatre of the Oppressed
- Yin Yoga - Hatha Yoga - Vinyasa Yoga Stand Up Paddle Yoga
- Dynamic Meditation - Vipassana

## Other

- Dutch - English - Basic French
- World traveller - Sustainability - Food

## Contact

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