



CURRICULUM VITAE

MANU LUYTEN

Personal Information

Manu Luyten

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Belgian

21/04/1982

Movimento dell'Arte BVBA

BE 0834 183 271

www.movimentodellarte.be

www.compagniefest.be

www.muzischeworkshops.be

Drivers License B

Education

- 2011 **Degree in Physical Acting**, AcSent, Antwerp
- 2005 **Graduate Degree Information Technology**, ACE GroepT, Leuven
- 1999 **High School Economics-Mathematics**, Maria-Boodschap Lyceum, Brussels

Courses

Theatre

- 2017 **Commedia dell'Arte**, Physical Intensive, Accademia dell'Arte, Arezzo
- 2015 **Butoh dance**, Subbody Resonance, Dharmshala, India
- 2014 Theater of the oppressed (**Augusto Boal**), with Rona Kennedy
- 2013 **Stage combat**, Wisper
- 2013 The theater of **Eric De Volder**, with Benjamin Van Tourhout
- 2013 **LABAN**, with Nathalie Gordon
- 2013 **Clown**, with Erik Valenteyn
- 2012 **Contact improvisation**, with Natasa Frantzi
- 2012 **Viewpoints**, De Studio, Antwerpen
- 2010 **Improvisation**, with Shawn Kinley, Loose Moose Theatre Company, Canada
- 2010 **Improvisation**, with Casper Schjelbred, Impro Academy, Paris
- 2009 Initiation in **Balinese theatre and dance**
- 2009 The theater of **Gordon Craig**, with Harvey Grossman
- 2008 **Improvisation theatre**, BIL, Antwerpen

Coaching, Psychology & Bodywork

- 2018 10 Days **Vipassana Meditation course**
- 2016 3 Weeks Yoga Intensive Course, **Himalayan Iyengar Yoga Centre**, Dharmshala,

- India
- 2015 **Yoga Teacher Training (RYT 200)**, Siddhi Yoga, Dharmshala, India
- 2013 **Body Mind Centering**, with Louise Chardon
- 2013 **MBTI - Myers-Briggs Type Indicator Step I & II**, Opp Belgium
- 2012 **Alexander Technique**, with Deborah Jeanne Weitzman
- 2012 **Shiatsu therapy 1-A**, Wellness Academy
- 2011 **Psychodrama**, Centre for Psychodrama & Psychotherapy

Pedagogy

- 2020 **Expertopleiding Cultuur in de Spiegel – Onderwijs Vlaanderen**, Brussel
- 2012 **Teach the teacher – Applying Drama**, AcSent, Antwerp
- 2010 **TrAK – Art Education - Teachers Training**, Wisper, Leuven

Management & Sales

- 2011 Collaborative Leadership II, with Godelieve Spaas and Poppe Boonstra
- 2010 Collaborative Leadership, with Godelieve Spaas and Poppe Boonstra
- 2010 Essentials of deal making
- 2010 Negotiation skills
- 2009 IBM Certified Sales Professional
- 2005 Time management, Kluwer Opleidingen

Experience

References

www.movimenodellarte.be/referenties & www.muzischeworkshop.be/referenties

Coach

- 2018-... **Communication, Management & Sales coaching**, OpTeam'Up
- 2013-... **Communication, Management & Sales coaching**, Improtraining
- 2012-13 **Management coach**, Bpost
- 2011-12 Sales coach, ON2IT Belgium

Customer References : bPost, Rijdsdienst Voor Jaarlijkse Vakantie, Elia, Godiva, Carmeuse, EASI, ...

Performer

- 2018 Physical theatre, **Thruth or Dare**, Compagnie FEST
- 2013 Theatre, **Amazones**, TC Rock
- 2012 Theatre, **Exces-O-Droom**, Gentse Feesten 2012, Teater Exces
- 2011-12 Educational movie, Uitgeverij Van In
- 2012 Theatre, **Een bruiloft in het theater**, Acsent Labo
- 2011 Theatre, **Een wandeling met Van Mieghem**, met Lola Blau, VTI en Gazet Van Antwerpen
- 2011 Short film, **Zelfportret van een student**, door Arber Aliaj, NARAFI
- 2011 Physical theatre, **Work In Progress, een creatie in ontwikkeling**, regie Lies Heirbaut
- 2011 Theatre, **Midzomernachtsdroom**, Academie voor Spel en Theater
- 2011 Physical theatre, **De Mensacteur**, Academie voor Spel en Theater
- 2010 Performance, **Rond De Ceders**, regie Lies Heirbaut

2010 Physical theatre, **Dionysos**, Academie voor Spel en Theater
2010 **Improvisation**, Kabloeng!, Leuven

Director

2015-16 **Khandhas**, Compagnie FEST
2013-14 **Reflectie**, Compagnie FEST

Teacher

2011 - ... **Teacher-Artist** for Muzische Workshops (www.muzischeworkshops.be)
2016-17 Meditation, Hatha and Vinyasa **yoga teacher**, The Yoga Place, Gili Trawangan, Indonesia
2014 Guest lecturer presentation techniques, **Artesis Plantijn High School**
2014 Summer camp, Theatre & Sports, in collaboration with **Sportsminded vzw**
2012 Course, **Improvisation Theatre Basics**, Theater Cartouche
2012 Course, **Physical Theatre Basics**, CC De Kern
2012 Course, **Physical Theatre** (Art d'Eco), Deurne
2012 Workshop, **To Be Or Not**, Piste05
2011 WijWalter, **Improv** trainer
2011 Workshop, **Tableaux Vivants**, Vlaams Improvisatie Festival
2011 **Creative Expression Workshops**, K-12 schools in Belgium

Employee

2016-... **Muzische Workshops** - Founder & Coördinator
2013-... **Compagnie FEST** - Performer and director
2011-... **Movimento dell'Arte** - Coach and trainer
2007-11 **IBM** - Sales leader
2006-07 **Erudict** - portfolio management, Consultant
2004-06 **ABSI** - Team leader, Project manager, Business development
2000-04 **AB Computers** - Systems engineer, Pre-sales en post-sales, Product trainer

Background

Social & Cultural Work

2018-... Founder Muzische Workshops vzw
2017-... Founder Body Mind More vzw
2014-15 Counselor, Regional Cultural Board, District Antwerp
2014-15 Board member, VZW Lokaal Cultuurbeleid District Antwerp
2013-... Founder, Compagnie FEST VZW
2010-13 Board member, Academie voor Spel en Theater vzw
1996 Founder, Youth Club 't Schabernak vzw, Evere
1995 Founder, Youth Orchestra 'Kids'

Languages

Dutch Mother tongue
French Read, write, speak
English Read, write, speak

Photo & Video

Truth or Dare
Khandhas
Reflectie
Compagnie FEST
Work In Progress
Tableaux Vivants

<https://www.youtube.com/watch?v=uEAUqnE7rh4>
<https://www.youtube.com/watch?v=gEolp4DtRdl>
https://www.youtube.com/watch?v=BGHs2RhQ_-l
<http://www.compagniefest.be/media>
<http://goo.gl/9v8vt>
<http://youtu.be/tK22JR76w0M>