



CURRICULUM VITAE

MANU LUYTEN

Personal Information

Manu Luyten

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Belgian
21/04/1982

Movimento dell'Arte BVBA

BE 0834 183 271
www.movimentodellarte.be

www.compagniefest.be
www.muzischeworkshops.be

Drivers License B

Education

2011 **Degree in Physical Acting**, AcSent, Antwerp
2005 **Graduate Degree Information Technology**, ACE GroepT, Leuven
1999 **High School Economics-Mathematics**, Maria-Boodschap Lyceum, Brussels

Courses

Theatre

2017 **Commedia dell'Arte**, Physical Intensive, Accademia dell'Arte, Arezzo
2015 **Butoh dance**, Subbody Resonance, Dharmshala, India
2014 Theater of the oppressed (**Augusto Boal**), with Rona Kennedy
2013 **Stage combat**, Wisper
2013 The theater of **Eric De Volder**, with Benjamin Van Tourhout
2013 **LABAN**, with Nathalie Gordon
2013 **Clown**, with Erik Valenteyn
2012 **Contact improvisation**, with Natasa Frantzi
2012 **Viewpoints**, De Studio, Antwerpen
2010 **Improvisation**, with Shawn Kinley, Loose Moose Theatre Company, Canada
2010 **Improvisation**, with Casper Schjeldred, Impro Academy, Paris
2009 Initiation in **Balinese theatre and dance**
2009 The theater of **Gordon Craig**, with Harvey Grossman
2008 **Improvisation theatre**, BIL, Antwerpen

Coaching, Psychology & Bodywork

2018 10 Days **Vipassana Meditation course**
2016 3 Weeks Yoga Intensive Course, **Himalayan Iyengar Yoga Centre**, Dharmshala, India
2015 **Yoga Teacher Training (RYT 200)**, Siddhi Yoga, Dharmshala, India

- 2013 **Body Mind Centering**, with Louise Chardon
- 2013 **MBTI** - Myers-Briggs Type Indicator Step I & II, Opp Belgium
- 2012 **Alexander Technique**, with Deborah Jeanne Weitzman
- 2012 **Shiatsu** therapy 1-A, Wellness Academy
- 2011 **Psychodrama**, Centre for Psychodrama & Psychotherapy

Pedagogy

- 2012 **Teach the teacher – Applying Drama**, AcSent, Antwerp
- 2010 TrAK – **Art Education - Teachers Training**, Wisper, Leuven

Management & Sales

- 2011 Collaborative Leadership II, with Godelieve Spaas and Poppe Boonstra
- 2010 Collaborative Leadership, with Godelieve Spaas and Poppe Boonstra
- 2010 Essentials of deal making
- 2010 Negotiation skills
- 2009 IBM Certified Sales Professional
- 2005 Time management, Kluwer Opleidingen

Experience

References

www.movimenodellarte.be/referenties & www.muzischeworkshop.be/referenties

Coach

- 2018-... **Communication, Management & Sales coaching**, OpTeam'Up
- 2013-... **Communication, Management & Sales coaching**, Improtraining
- 2012-13 **Management coach**, Bpost
- 2011-12 Sales coach, ON2IT Belgium

Customer References : bPost, Rijdsdienst Voor Jaarlijkse Vakantie, Elia, Godiva, Carmeuse, EASI, ...

Performer

- 2018 Physical theatre, **Thruth or Dare**, Compagnie FEST
- 2013 Theatre, **Amazones**, TC Rock
- 2012 Theatre, **Exces-O-Droom**, Gentse Feesten 2012, Teater Exces
- 2011-12 Educational movie, Uitgeverij Van In
- 2012 Theatre, **Een bruiloft in het theater**, Acsent Labo
- 2011 Theatre, **Een wandeling met Van Mieghem**, met Lola Blau, VTI en Gazet Van Antwerpen
- 2011 Short film, **Zelfportret van een student**, door Arber Aliaj, NARAFI
- 2011 Physical theatre, **Work In Progress, een creatie in ontwikkeling**, regie Lies Heirbaut
- 2011 Theatre, **Midzomernachtsdroom**, Academie voor Spel en Theater
- 2011 Physical theatre, **De Mensacteur**, Academie voor Spel en Theater
- 2010 Performance, **Rond De Ceders**, regie Lies Heirbaut
- 2010 Physical theatre, **Dionysos**, Academie voor Spel en Theater
- 2010 **Improvisation**, Kabloeng!, Leuven

Director

- 2015-16 **Khandhas**, Compagnie FEST
- 2013-14 **Reflectie**, Compagnie FEST

Teacher

- 2011 - ... **Teacher-Artist** for Muzische Workshops (www.muzischeworkshops.be)
2016-17 Meditation, Hatha and Vinyasa **yoga teacher**, The Yoga Place, Gili Trawangan, Indonesia
2014 Guest lecturer presentation techniques, **Artesis Plantijn High School**
2014 Summer camp, Theatre & Sports, in collaboration with **Sportsminded vzw**
2012 Course, **Improvisation Theatre Basics**, Theater Cartouche
2012 Course, **Physical Theatre Basics**, CC De Kern
2012 Course, **Physical Theatre** (Art d'Eco), Deurne
2012 Workshop, **To Be Or Not**, Piste05
2011 WijWalter, **Improv** trainer
2011 Workshop, **Tableaux Vivants**, Vlaams Improvisatie Festival
2011 **Creative Expression Workshops**, K-12 schools in Belgium

Employee

- 2016-... **Muzische Workshops** - Founder & Coördinator
2013-... **Compagnie FEST** - Performer and director
2011-... **Movimento dell'Arte** - Coach and trainer
2007-11 **IBM** - Sales leader
2006-07 **Erudict** - ortfolio management, Consultant
2004-06 **ABSI** - Team leader, Project manager, Business development
2000-04 **AB Computers** - Systems engineer, Pre-sales en post-sales, Product trainer

Background

Social & Cultural Work

- 2018-... Founder Muzische Workshops vzw
2017-... Founder Body Mind More vzw
2014-15 Counselor, Regional Cultural Board, District Antwerp
2014-15 Board member, VZW Lokaal Cultuurbeleid District Antwerp
2013-... Founder, Compagnie FEST VZW
2010-13 Board member, Academie voor Spel en Theater vzw
1996 Founder, Youth Club 't Schabernak vzw, Evere
1995 Founder, Youth Orchestra 'Kids'

Languages

- Dutch Mother tongue
French Read, write, speak
English Read, write, speak

Photo & Video

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|-------------------------|---|
| Truth or Dare | https://www.youtube.com/watch?v=uEAUqnE7rh4 |
| Khandhas | https://www.youtube.com/watch?v=gEolp4DtRdl |
| Reflectie | https://www.youtube.com/watch?v=BGHs2RhQ_-I |
| Compagnie FEST | http://www.compagniefest.be/media |
| Work In Progress | http://goo.gl/9v8vt |
| Tableaux Vivants | http://youtu.be/tK22JR76w0M |